



## Legal Sanctions for Drug and Alcohol Violations

Federal, state and local statutes and ordinances relating to the manufacture, distribution, dispensing, possession or use of a controlled substance or alcohol impose legal sanctions for both felony and misdemeanor convictions of violations. Drugs considered to be controlled substances are defined in schedules I through V of the Controlled Substance Act, 21 United States Code §812, and by regulation at 21 Code of Federal Regulations §1308.

### WHERE TO GET HELP:

Student Health Center

Nurse: 760-355-6310

Mental Health Counseling

Counselor: 760-355-6196

For mental health emergencies, contact the Imperial County Crisis Line at:

1-800-817-5292

For the Employee Assistance Program, Please contact:

Holman Professional Counseling Centers  
(800) 321-2843 or [www.holmangroup.com](http://www.holmangroup.com)

**Important to note:** The Student Health Center is not a physician's office. Medical (Physician services are contracted and limited).

Hours and/or day(s) of service are subject to change.

Additionally, there may be times the College Nurse and or Psychological Counselor are out of the office or off campus during regular office hours.



**IMPERIAL VALLEY COLLEGE**

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**IMPERIAL VALLEY COLLEGE**

**DRUG & ALCOHOL  
ABUSE PREVENTION  
PROGRAM**

**Policies & Guidelines for IVC  
Students and Employees**

### **To the IVC campus community:**

IVC strives to maintain the highest standards of personal and institutional integrity throughout the campus community. President urges students and employees to assist in keeping IVC campus free of substance abuse and dependency.

### **Unlawful Possession, Use or Distribution of Illicit Drugs and Alcohol**

Imperial Valley College has instituted a Drug Free Environment and Drug Prevention Program in compliance with Drug Free Schools and Communities Act, 20 U.S. Code Section 1145g; 34 Code of Federal Regulations Sections 86.1 et seq.; Drug Free Workplace Act of 1988, 41 U.S. Code, Section 702.

The District shall be free from all drugs and from the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. The unlawful manufacture, distribution, dispensing, unauthorized possession or use of a controlled substance and alcohol is prohibited in all facilities under the control and use of the District.

Employees and students shall not use illegal substances or abuse legal substances in a manner that impairs work performance, scholarly activities or student life.

Any student or employee who violates this policy will be subject to disciplinary action, which may include referral to an appropriate rehabilitation program, suspension, demotion, expulsion or dismissal.

In addition underage possession or consumption of alcoholic beverages is not permitted on property owned or controlled by the District or college, local, state and federal laws will be enforced.

Any employee or student associated with the District or college apprehended for violating any drug- or alcohol-related District or college policy or regulations when on District college property, or participating in a college District activity will be subject to disciplinary action (consistent with local, state or federal law).

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### **Standards of Conduct**

All students are expected to comply with Imperial Valley College Standard of Conduct AP 5500. These policies are implemented to impose discipline for misconduct such as unlawful manufacture, distribution, dispensing, possession, or use of a controlled substance and possession, use or distribution of alcohol.

### **Health Risks of Drug and Alcohol Abuse**

Drug addiction is a brain disease. Although initial drug use might be voluntary, drugs of abuse have been shown to alter gene expression and brain circuitry, which in turn affect human behavior. Once addiction develops, these brain changes interfere with an individual's ability to make voluntary decisions, leading to compulsive drug craving, seeking and use.

The impact of addiction can be far reaching. Cardiovascular disease, stroke, gastrointestinal, musculoskeletal effects, kidney and liver damage, cancer, HIV/AIDS, hepatitis, and lung disease can all be affected by drug abuse. Some of these effects occur when drugs are used at high doses or after prolonged use, however, some may occur after just one use (NIH).

Alcohol affects every organ in the drinker's body and can damage a developing fetus. Intoxication can impair brain function and motor skills; heavy use can increase risk of certain cancers, stroke, and liver disease.

Alcoholism or alcohol dependence is a diagnosable disease characterized by a strong craving for alcohol, and/or continued use despite harm or personal injury.

Alcohol abuse, which can lead to alcoholism, is a pattern of drinking that results in harm to one's health, interpersonal relationships, or ability to work (NIH).