

DID YOU KNOW?

*The best thing for you and VEBA is to avoid using the emergency room for anything **BUT** an emergency....*

When a sudden medical problem comes up, it's important that you get the right kind of care—and that means getting your care at the right place. Your VEBA medical plans give you different ways to access treatment, depending on how serious your situation is.

The Walk-in Clinic – When you need to see a doctor *SOON*



The walk-in clinic and doctors' offices treat medical conditions that need prompt attention but are not life-threatening—such as an earache, a bad cold, or a sprained ankle. We're talking about treatment that can safely be delayed long enough for you to call your doctor for instructions on getting appropriate medical care.

Emergency Room Care – When you need to see a doctor *RIGHT AWAY*



Emergency rooms are designed to handle true medical emergencies. An "emergency" is a sudden illness or injury that must be treated immediately to prevent death, disability, or permanent damage to your health. This means extremely serious situations, such as a heart attack, a stroke, or injuries from a car accident.

Why does it matter where you go? For one thing, a trip to the emergency room is very expensive—both to you *and* VEBA. The chart below compares the average cost of ER services with the cost of treatment received in the walk-in clinic or a doctor's office.

Where You Go for Care	What It Costs (on average)
The walk-in clinic	\$63
Doctor's office	\$67
Emergency	\$750 – \$950 (\$200 copay if not admitted)

You're also likely to spend a long time waiting for care if you go to a busy ER when it's not a true emergency.

By choosing the right kind of facility, you can help keep the medical plans more affordable for everyone.

If you have a real emergency, call 911 or go to the nearest emergency room right away.

To reach the walk-in clinic, call (760) 592-4586.





MD WALK IN CLINIC (760) 592-4586
1520 SOUTH IMPERIAL AVENUE

CLINIC HOURS

MONDAY-THURSDAY *9:00 A.M. – 7:30 P.M.

***Lunch Hour Closed 1:00 P.M. - 2:00 P.M.**

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FRIDAY'S 12:00 P.M. – 8:00 P.M.

SATURDAY'S 9:00 A.M. – 3:00 P.M.

SUNDAY'S 10:00 A.M. – 2:00 P.M.

Exceptions to some Holidays.



MD WALK IN CLINIC

*Have our Staff serve your needs
because your time is Important*

**OPEN EVENINGS AND
WEEKENDS**



Shahram S. Mirhashemi, M.D.



Stephanie Brammer, P.A.

WEEKDAY'S 9 A.M. – 9 P.M.

SATURDAY'S 9 A.M. – 3 P.M.

SUNDAY'S 10 A.M. – 2 P.M.

**1520 SOUTH IMPERIAL AVE
EL CENTRO, CA**

(Located in the Plaza de Oro Complex/Across from Hospital)

PEDIATRIC

ADULT CARE

FAMILY MEDICINE



Most Major Insurances Accepted

(760) 592-4586

WALK IN ACUTE CARE

SPORT PHYSICALS

TDAP VACCINES - AVAILABLE

FLU VACCINES - AVAILABLE

DMV/CDC EXAMS

EKG SERVICES

FIRST AID/WOUND CARE SERVICES

PULMONARY FUNCTION TESTING

**PREVENTATIVE HEALTH EXAMS &
SCREENING**

FREE BLOOD PRESSURE CHECK

In addition to convenience, pay \$15 per visit
rather than a much higher
emergency room copay!



Now offers an alternative to a long emergency
room wait for non-emergency medical care