

IMPERIAL COMMUNITY COLLEGE DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of the Athletic Director, administer preventive measures, first aid and rehabilitative treatment to athletes in various intercollegiate sports; maintain and administer athletic training and equipment facilities used in the intercollegiate sports program.

REPRESENTATIVE DUTIES:

Provide preventive, post-injury and post-surgical care as prescribed by the team or attending physician including massage, hydrotherapy, PNF, cryotherapy, electro therapy, ultrasound, and other therapeutic exercises and techniques prescribed by the team or attending physician.

Operate and maintain the college training room and equipment storage facilities; provide for proper storage, inventory, issuance and collection of athletic equipment including uniforms, braces, wraps and supportive equipment; review equipment and material needs with coaches and prepare requisitions for athletic equipment, medical supplies and other items as required.

Perform preventive and rehabilitative taping and wrapping techniques to support ankles, knees, elbows, wrists and other body joints, muscle groups and body structures as needed by the individual.

Attend all home athletic events and practices and away athletic events as assigned; provide immediate emergency and necessary care of injured athletes as needed; administer first aid and cardiopulmonary resuscitation and evaluate the nature and extent of medical care required; escort injured athletes to proper medical services for both primary care and subsequent follow-up as needed.

Provide technical and individual information to athletes and coaches regarding diets, rest, conditioning, exercises, reconditioning and related health matters pertaining to competitive athletics.

Prepare and maintain records related to individual athletes including information regarding insurance, pre-participation physical examinations, injuries, medical treatment and therapy.

Prepare insurance claim forms and accident reports; coordinate insurance benefits between the athlete=s and college=s insurance plans.

Prepare and submit budget requests for equipment and supplies; contact vendors to obtain quotes and develop equipment specifications; assist the Athletic Director in preparing the annual budget and make recommendations for equipment purchases including the type, style, quantity, quality and durability of equipment.

Oversee locker room operations including locker assignments and security; maintain locker records; provide towel and laundry services as needed by the athletic department.

Operate a variety of equipment used in the treatment and rehabilitation of injuries including ultrasound and electro therapy devices, tens units, whirlpool, hot pack treatments and hydro collator; operate scorekeeping equipment.

Operate office equipment including a personal computer, peripheral equipment and word processing and spreadsheet software.

Perform minor repairs to equipment and uniforms; arrange for cleaning, sanitizing, renovation and recertification of protective equipment according to established timelines.

Transport athletes to athletic events as necessary; make home visits as needed.

Select, train, schedule and provide work direction student workers and others as needed.

Maintain the training room and equipment facilities in a clean and orderly condition; sweep, mop and dust floors and tables.

Provide emergency first aid to students, college personnel and visiting athletes and their guests in the absence of the College Nurse or other trained personnel.

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:**KNOWLEDGE OF:**

Athletic sports medicine practices used in the prevention and treatment of sports injuries.

Various therapeutic and rehabilitative techniques including hydrotherapy, cryotherapy, electro therapy, thermal therapeutic techniques, exercise therapy and physical conditioning.

Equipment and devices used to treat and rehabilitate injured athletes.

Human anatomy, physiology, kinesiology, and exercise physiology.

Signs and symptoms of various sports injuries.

First aid, CPR and other emergency medical procedures.

Athletic equipment supplies, materials, quality of materials, design and manufacture and distribution.

Policies, procedures and objectives of an athletic program.

Rules and regulations of a variety of sports and athletic activities.

Taping, wrapping, bandaging and therapeutic techniques.

Oral and written communication skills.

Health and safety regulations.

Interpersonal skills using tact, patience and courtesy.

ABILITY TO:

Administer preventive measures, first aid and rehabilitative treatments to athletes in various intercollegiate sports.

Evaluate the nature and extent of injuries to determine the need for immediate medical attention and the participation status of athletes.

Identify symptoms of various injuries and take appropriate action.
Administer first aid, CPR and other emergency care to injured athletes.
Operate a variety of therapeutic equipment and devices used to treat athletic injuries.
Tape, wrap and bandage body joints and apply protective pads and equipment.
Maintain current knowledge of treatment modalities and preventive techniques related to sports injuries.
Supervise the conditioning and exercises of athletes.
Maintain and repair athletic equipment and supplies.
Maintain records related to insurance, injuries, treatment, athletic equipment and supplies, inventory and budget.
Communicate with various health care professionals and follow technical and detailed instructions of the team and attending physicians.
Establish and maintain cooperative relations with health care professionals, sporting goods representatives and others contacted in the course of work.
Oversee the issuance, storage, maintenance and repair of athletic equipment, clothing and supplies.
Recommend the purchase of athletic equipment, clothing and supplies according to established procedures.
Train and provide work direction to student workers.
Work independently with little direction.
Meet schedules and timelines.

EDUCATION AND EXPERIENCE: Any combination equivalent to: bachelor=s degree with major coursework in physical education, exercise physiology, and anatomy and two years of experience as an athletic trainer in a high school or college athletic training environment.

LICENSE AND OTHER REQUIREMENTS: Current certification as an Athletic Trainer issued by the National Athletic Trainers Association; valid California driver=s license; current first aid and CPR certificates issued by an authorized agency.

WORK ENVIRONMENT: Duties are performed in an outdoor and indoor environment. While performing the duties of this classification, the employee frequently works around athletic playing fields and is occasionally exposed to illness and blood constituents, pollen or airborne particles, outdoor weather conditions and vehicle traffic when driving to other colleges. The work environment is moderately noisy.

PHYSICAL DEMANDS: Must frequently stand, walk and sit; use hands to finger, handle, or feel objects, a keyboard or other machines, tools or controls or to assess an athlete's physical condition; reach with hands and arms; stoop, kneel, or crouch; speak clearly and distinctly to provide information to students; and hear and understand voices over telephone and in person. Must frequently lift, carry and/or move objects weighing up to 50 pounds. Must be in sufficient physical condition to manipulate injured athletes, "chair carry" injured players off the field, lift athletes onto spineboards, apply resistance during manual therapy and lift 5 and 10-gallon water containers to and from playing locations. Must see clearly to assess an athlete's physical condition and to view activities on a playing field; and must be able to identify and distinguish colors while assessing an athlete's condition.