1. **Review - Hot Topics**

2. **California Nurse Practice Act**
   - **Purpose**
     - protect public health, safety, & welfare
       - shielding the public from unqualified/unsafe nurses
     - scope of practice & responsibilities
       - Calif Business & Professions Code, Ch. 6 (Section 2700)
       - Calif Code of Regulations, Title 16 (Division 14)
   - Law via state legislative action

3. **Code of Ethics – non-negotiable**
   - Have 4 fundamental responsibilities
     - to promote health
     - to prevent illness
     - to restore health
     - to alleviate suffering

4. **Code of Ethics – 9 provisions**
   1. Professional relationships, practices w/ compassion and respect
   2. Primary commitment is to the patient
   3. Promotes, advocates for, and strives to protect health, safety, and rights of patient.

5. **Code of Ethics – 9 provisions**
   4. Responsible & accountable for practice and determines the appropriate delegation of tasks
   5. Owes same duties to self as to others
   6. Participates in establishing, maintaining, and improving health care environments

6. **Code of Ethics – 9 provisions**
   7. Participates in advancement of the profession
   8. Collaborates with other health professionals and the public
   9. Profession is responsible for articulating nursing values

7. **Delegation**
   - Code of Ethics
     - Provision 4 – responsibility / accountability
   - 5 Rights:
     - Person
     - Task
     - Circumstances
     - Direction/Communication
     - Supervision / Evaluation
Delegation to?

Simple wound drsg chg for healing wound that requires removal of soiled drsg and replacement w/ sterile drsg.

1. CNA in orientation?
2. LVN you worked with yesterday?
3. CNA w/ 15 yrs of experience?
4. Physician assistant?

Delegate to qualified UAP...

Determine if qualified to do accurate urine output by asking...

1. Who taught you?
2. How many time have you done this?
3. What equipment will you need?
4. Where did you work prior?

Delegate bedside glucose test

Which ensures completion of task?

1. Documentation of reading in record?
2. Informed by another nurse who witnessed the UAP do the test?
3. See the UAP leave the room?
4. Ask UAP at end of shift?

Delegation in mental health...

Which intervention should RN delegate to UAP?

- Implementing a prn order for restraints on a pt w/ aggressive behavior threatening to ‘tear the place apart’?
- Transporting a group diagnosed with chronic alcoholism to an off-unit AA mtg?
- Explaining to OCD pt why not permitted in another client’s room?
- Evaluating a depressed client’s ability to self-monitor blood glucose levels?

What to delegate to UAP

UAP reports to RN that a woman is shivering uncontrollably. It is 1 hour after giving birth.

1. Have the UAP offer the woman a bedpan, because a full bladder can induce shivering?
2. Instruct the UAP to bring the woman warm bath blankets and warm drink?
3. Ask UAP to check the woman’s vitals because the shivering may cause an elevation in B/P?
4. Thank the UAP, obtain and administer Thorazine to help control shivering?

Reporting Abuse

- Recognize signs or symptoms
- How to report
- Timelines
- Legal concerns
- Risks to the nurse
Abuse

28 yr old – in need of stitches due to assault by boyfriend. Acknowledged not 1st time and is afraid. Which action indicates that an outcome for the client has been achieved?

1. Elects to return to boyfriend
2. Accepts arranges made with a woman’s shelter
3. Asks a nurse to report the situation to APS
4. Verbalizes plan for staying at the hospital overnight

Abuse (select all that apply)

ER client admitted w/ facial bruises, broken arm, & rib fractures. Client states “fell down stairs”. RN notes bruises and lacerations in various stages of healing. Which questions are appropriate.

1. I noticed you have more bruises. Can you tell me how they happened?
2. Has anyone hurt you?
3. Have you been falling down a lot lately?
4. Have you had any fainting spells or times that you have been weak?
5. Are you afraid of anyone at home?
6. Why haven’t you reported that you have been abused?

Sexual Assault Nurse Evaluator

- Type of Abuse – Reportable?
- Qualifications / training
- Scope
- Nurse Practice Act - Standardized Procedures?

Reporting Unsafe Practitioner

- Code of Ethics
  - 3.5 Acting on Questionable Practice
  - 3.6 Addressing impaired practice
  - 4… Take action when health is endangered by a coworker
  - 5.3 Wholeness of character

- How to report

Unsafe Practitioner (select all that apply)

RN notes coworker LVN performs unethical/unsafe practices and reports this to manager. In which situations would the LVN be excluded from coverage by the facility’s liability insurance should a client claim an injury.

1. Fails to report a discrepancy in narc count
2. Gives oral med 1 hour late
3. Fabricates a pt’s vital signs
4. Assists another nurse’s client to the bathroom
5. Uses own approach to procedures inconsistent with facility policy/procedure

Diversion Program

- Purpose
- Legal status
  - Business and Professions Code Ch. 6
    - Article 3. Disciplinary Proceedings
• Article 3.1. Diversion Program
  ▪ Title 16, Calif Code of Regulations
  ▪ Article 4.1. Diversion Program Guidelines

20 Horizontal Violence
  ▪ Have you witnessed or examples
  ▪ How to counter / respond
  ▪ Orientation
  ▪ Code of Ethics
    ▪ 1.5 – treat colleagues, students, etc with respect and compassion

21 Conflict Resolution
  ▪ Purpose –
  ▪ Legal status -
  ▪ State specific –

  ▪ Code of Ethics –
    ▪ 1.5 Relationships...respect and compassion for colleagues, students, etc.
    ▪ 2.3 Collaboration
    ▪ 3.5 Acting on questionable practice

22 Responses to conflict
  ▪ Avoidance
    ▪ choose not to acknowledge
    ▪ choose not to resolve conflict

  ▪ Accommodate or smoothing
    ▪ collects “I-Owe-You” for another day
    ▪ tries to reduce emotional component
    ▪ may be ok for minor problems
    ▪ postpones conflict

23 Responses to conflict
  ▪ Competing (forcing)
    ▪ pursues the goal at expense of others
    ▪ may want to get even when not resolved

  ▪ Compromising (negotiating)
    ▪ each gives up something
    ▪ do not adopt too early if collaboration is possible
    ▪ may feel each gave up too much

  ▪ Collaborating (consensus)
    ▪ work together toward a common goal
    ▪ agree on core values or concepts
Conflict (select all that apply)

Nurse has conflict w/ another regarding a perceived lack of teamwork & neg. attitude. What are useful strategies for resolution?

1. Ignore the conflict
2. Postpone the conflict
3. Oppose the conflict
4. Confront the conflict
5. Smooth the conflict

Disaster Planning & MRC

- Disaster Plans & Emerg. Ops Committee
- MRC
    - Augment 1st responders
    - Increase surge capacity
    - Assist in evacuation of stabilized casualties
    - Provide mental health intervention
    - Address special needs population
    - Public Health Initiatives / Education
    - Assist in Mass Prophylaxis Efforts
    - Logistical Support to Healthcare Professionals
    - Provide Welfare Status Checks

Competencies

- Know
  - agency's role in responding to a range of emergencies
  - chain of command in emergency response
  - agency's emergency response plan
  - functions or roles and demonstrate in drills
  - communication roles with your agency, news media, general public, & personal contacts
  - limits of your own knowledge, skills, and authority

- Demonstrate
  - use of equip, communication equip, & skills required
  - creative problem-solving skills and flexible thinking

- Recognize deviations from norm that indicate an emergency & take appropriate action

Emergency Operations

(select all that apply)

Which components should be included in an emergency plan?

1. Calling 911 to activate
2. Internal & external communication plan
3. Identification of external resources
4. Plan for practice drills
5. Identify anticipated resources needed
6. Methods for education personnel
### Emergency Operations (select all that apply)

*Hospital is overloaded due to earthquake. What actions might be necessary?*

- RNs perform duties outside of area of expertise
- Family members provide non-skilled interventions
- 1st care to persons with extensive injuries & little chance of survival
- Set up a hospital ward in a community shelter
- Ask if anyone can interpret
- Leave victims to perform rituals required by another victim's religion/culture

### Prioritization / Triage

*ER nurse will receive clients exposed to white phosphorous chemical spill...*

- Triage clients, then transport to designated areas
- Don personal protective equip (PPE)
- Flush client's skin w/ constant stream of water as their clothing is removed
- Brush the chemical off their skin

### Prioritization / Triage

*Train derails w/ multiple casualties & tagged per NATO triage system. Prioritize order of treatment*

1. Upper arm fx and minor burn - tagged green
2. Wounds w/ multiple anatomical sites - tagged black
3. Incomplete leg amputation - tagged red
4. Eye injury, broken jaw, and facial wounds - tagged yellow

### Prioritization

*ER triage nurse receives 4 admissions. Prioritize the order the nurse should assess.*

1. 40 yr old - diaphoretic w/ chest pressure
2. 18 yr old - may have a broken ankle
3. 35 yr old - cut hand w/ knife
4. 60 yr old - dyspneic & swollen lips after bee sting

### Prioritization

*Pt admitted w/ partial bowel obstruction in proximal jejunum. Nauseated, vomiting for 2 days, & has slight abd bloating. BP 110/60, HR 88, R 16, T 99. Prioritize...*

1. Administer LR at 150/hr
2. Insert NGT to low intermittent suction
3. Insert Foley
4. Administer MS 2mg IV bolus prn pain
5. Administer Zofran 4mg IV prn for nausea

### Euthanasia

- Religions and Beliefs
- Assisted vs Active
- Decisions:
  - elective vs delegated vs mandated
- Legality
- Code of Ethics
1.4 – Right to self-Determination

Advanced Directive (select all that apply)

What info should the advanced directive have?

1. Preference for health care treatment
2. Preference for hospitalization
3. Violation of client confidentiality
4. DNR
5. Notification of next of kin
6. Durable power of attorney for health care

Just Culture

- Human Error
- At Risk Behavior
- Reckless Behavior
- Blame Free vs Accountability
- How tied to Reporting Errors

NCLEX

- https://www.ncsbn.org/1213.htm
- http://www.pearsonvue.com/nclex

NCLEX – ncsbn.org

1. Apply in state you wish to be licensed.
2. Register for NCLEX with Pearson VUE
   A. Name with which you register must match exactly
   B. If you provide an e-mail address, all subsequent correspondences from Pearson VUE will arrive only by email
   C. All NCLEX registrations will remain open for a 365-day period during which a BRN may determine your eligibility
   D. There is no refund of the $200 NCLEX registration fee for any reason.

3. Receive confirmation from Pearson VUE
4. Receive eligibility from the state BRN
5. Receive Authorization to Test (ATT) from Pearson VUE.
   - If more than 2 wks have passed after you have submitted a registration and received a confirmation from Pearson VUE, and have not received an ATT, please call Pearson VUE.
   - Must test within the validity dates
   - ID must match exactly with the printed name on your ATT. If different, you must bring legal name change documentation with you to the test center. (marriage licenses, divorce decrees and/or court action legal name change documents)

NCLEX – ncsbn.org

6. Schedule appt to test via www.pearsonvue.com/nclex
7. Present 1 ID & ATT on the day of exam
• U.S. driver’s license (not a temporary)
• U.S. state identification
• Passport
• If without these, you forfeit test session & must re-register including re-payment of $200

8. Receive your NCLEX exam results within one month from your examination date.

40 NCLEX changes

41 NCLEX

• Scored as either right or wrong.
  NO “partial credit”
  • Rapid guessing can drastically lower your score. It has the effect of giving the candidate easier items, which they also get wrong.
  • Maintain reasonable pace ~ 1-2 minutes on each item
  • Carefully read & consider before answering

• 75 to 265 items.
  • 15 are pretest items that are not scored
  • Regardless of the #, the time limit is 6 hr
  • Time includes the tutorial, sample items, all breaks (restroom, stretching, etc.)

42 NCLEX – What’s New

• Palm Vein Technology
  • Phase-in palm vein technology
  • Serves as a 2nd level of security & does not be replace fingerprinting

• 2010 NCLEX-RN® Test Plan
  • Approved August 2009 and was posted on the NCSBN Web site

43 ANA Nurse sensitive Indicators

Which nursing action is most likely to reduce hospital acquired infection rate?

• Ensuring appropriate nurse to client ratios
• Improving team functioning
• Monitoring medication safety events
• Ensuring adequate supplies are available for care

44 Lifelong Learning

• Purpose –
• Legal status -
• State specific –
• Orientation


45 Volunteerism

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