# Imperial Valley College
## Division of Nursing Education and Health Technologies
### Nursing 111 – Spring 2010 - Class Schedule

**Instructor:** Jean Stroud  
**Phone:** (760) 355-6425  
**Office:** 2126  
**Email:** jean.stroud@imperial.edu  

**Instructor:** Rosalba Jepson  
**Phone:** (760) 355-6294  
**Office:** 2130  
**Email:** rosalba.jepson@imperial.edu  

**Faculty website:** http://www.imperial.edu/jean.stroud  

**Faculty website:** http://www.imperial.edu/rosalba.jepson

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Textbooks: Taylor's Clinical Nursing Skills, 2nd Ed., by Pamela Lynn  
Fundamentals of Nursing, 8th Ed by Kozier and Erb.

**DATE** | **DAY** | **TIME** | **ROOM** | **DESCRIPTIONS and Assignment** | **INSTRUCTOR**
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2/16/10 | Tue | 7:00-1:30 PM | Lab 1 2157 | **Unit #1: Vital Signs**  
Kozier: Ch 29  
Taylor: Ch 1, pp. 6-42  
Ch 14, pp. 747-752  
**Taylor's Video Guide: Vital Signs (#1)**  
Blood Pressure  
TPR  
http://www.saddleback.edu/alfa/ Search this site for skills *** | 

2/17/10 | Wed | 7:00-1:30 PM | Lab 1 2157 | **Unit #2: Standard Precautions**  
Taylor: Ch 4, pp.121-130; 143-150  
Kozier: Ch 31  
Taber's: pp. 2561-2574  
**Audio - Visual**  
Medical Asepsis; Bloodborne Safety;  
Infection Control: Chain of Infection  
**Taylor's Video Guide: Asepsis(#2)**  
Unit #1: Vital Signs - Practice | 

2/18/10 | Thur | 7:00-1:30 PM | Lab 1 2157 | **Unit #3: Skin Integrity**  
Kozier: Ch 33; Ch 48, pp1297-1301; Ch 49, pp. 1336-1338  
Taylor: Ch 2, pp.51-55; Ch 7 ; Ch 10, pp. 569-574;  
Ch 12, pp 635-648  
**Audio - Visual**  
CNA Techniques in Bathing  
CNA Techniques in Bedmaking  
Oral Care for the Dependent Patient  
Taylor's Video Guide: Hygiene(#7)Ch 14, pp.747-752  
**Unit #5: Bandages and Binders**  
Kozier: Ch 36, pp 927-937;  
Ch 37, pp 950-953  
Taylor: Ch 9, pp 516-530  
**Audio - Visual**  
Bandages and Binders | 

2/22/10 | Mon | 7:00-1:30 PM | Lab 1 2157 | **QUIZ #1 Units 1, 2, 3, & 5**  
**Check off on:**  
Unit 1 – VS’s  
Unit 3 – Skin Integrity  
Unit 5 – Bandages and Binders |
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| 2/23/10| Tues | 7:00-1:30 PM| Lab 1 2157 | **Unit #4: Body Mechanics**  
Kozier: Ch 32, pp730-739;  
Ch 44, pp1106-1113, 1127-1161  
Taylor: Ch 3; Ch 9, pp. 459-516; Ch 17, pp. 930-934  
**Audio – Visual**  
CD by M. Carlson on Body Mechanics  
Introduction to PROM  
Restraints: The Last Resort  
Lippincott Clinical Skills: Applying Protective Devices  
Lippincott Clinical Skills: Using Principles of Body Mechanics  
Taylor's Video Guide: Activity(#9)  
http://www.youtube.com/watch?v=1uOq7cfhf7c  
http://www.youtube.com/watch?v=rh315i3AC61&feature=related  
http://www.youtube.com/watch?v=EP2myQVns9s&feature=related  
Demo of a Hoyer Lift | |
| 2/24/10| Wed  | 7:00-1:30 PM| Lab 1 2157 | **Unit 6: Heat & Cold**  
Kozier: Ch 36, pp 931-936  
Taylor: Ch. 8, pp.438-441; 447-458  
**Audio - Visual**  
621.3 Application of Heat and Cold  
**Unit #7: Wounds**  
Kozier: Ch 31, pp 696-702;  
Ch36;  
Ch 37, pp. 967-977  
Taylor: Ch 4, pp.130-143;  
Ch 8, pp. 373-438; 441-447  
**Audio - Visual**  
Surgical Wound Care  
Closed Suction Wound Drainage  
Taylor's Video Guide: Skin Integrity and Wound Care(#8)  
M. Carlson’s CD on Wound Care | |
| 2/25/10| Thur | 7:00-1:30 PM| Lab 1 2157 | **Unit #7: Wounds - continued**  
**Unit #10: Catheterizations**  
Kozier: Ch 48, pp1303-1313  
Taylor: Ch 12, pp. 652-682  
**Audio - Visual**  
Taylor’s Video Guide: Indwelling and Intermittent Catheters(#12)  
MO42 Urethral Catheterization | |
| 3/1/10 | Mon  | 7:00-1:30 PM| Lab 1 2157 | Quiz #2: Units 4, 6, 7, & 10  
Check off on:  
Unit 4 - Body Mechanics  
Unit 7 – Wounds  
Unit 10 – Catheters | |
| 3/2/10 | Tue  | 7:00-1:30 PM| Lab 1 2157 | Check off Unit 7 & Unit 10 Continue  
**Unit #11: Nasogastric Tubes and Tube Feedings**  
Kozier: Ch 47, pp 1265-1277  
Taylor: Ch11, pp.602-630  
**Audio - Visual**  
Taylor’s Video Guide: Nutrition(#10)  
Nasogastric Intubation | |
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| 3/3/10 | Wed | 7:00-1:30 PM | Lab 1 2157 | Units # 8 & 9: Administration of Meds (PO and injectable, no IV’s)  
Kozier: Ch 34, pp. 805-808  
Ch 35, pp 830-877, 885-900 (no IV’s)  
Taylor: Ch 5, pp. 151-204; 236-292  
Ch 18, 960-964  
Audio - Visual  
Taylor’s Video Guide: Oral and Topical Medications(#3)  
Taylor’s Video Guide: Injectable Medications(#4)  
Administering Oral, Topical, Suppository and Inhalant Medications  
Preventing Medication Errors  
Needlestick Prevention in Acute Care  
CD: Preparing Medication from an ampule and a vial  
Site Selection and injection technique  
Parenteral Equipment Preparation  
Administering Injections  
Administration and Absorption of Parenteral Medications |            |
| 3/4/10 | Thur | 7:00-1:30 PM | Lab 1 2157 | Units # 8 & 9: Administration of Meds (PO and injectable, no IV’s)  
Continue |            |
| 3/8/10 | Mon | 7:00-1:30 PM | Lab 1 2157 | Quiz # 3 Units 8, 9, & 11  
Check off: Unit 11 – NG tubes  
Unit 8- PO Meds  
Unit 9- Inj Meds |            |
| 3/9/10 | Tues | 7:00-3:10 PM | Lab 1 2157 | Check off: Continue  
Unit 8- PO Meds  
Unit 9- Inj Meds |            |
| 3/10/10 | Wed | 7:00-3:10 PM | Lab 1 2157 | Unit #15: Respiratory Assessment  
Kozier: Ch 30, pp 610-618  
(focus on normal)  
Taylor: Ch 2, pp.64-72  
Audio - Visual  
Assessing Breath Sounds  
Normal/Abnormal Breath Sounds (Note: Focus on Normal) |            |
| 3/11/10 | Thur | 7:00-3:10 PM | Lab 1 2157 | Unit #12: Specimen Collection  
Kozier: Ch 34, pp 808-817;  
Ch 48, pp 1301-1302;  
Ch 49, pp 1339-1343;  
Taylor: Ch 12, pp.682-686;  
Ch13, pp. 707-727;  
Ch 18, pp.949-960; 967-975  
Audio - Visual  
Taylor’s Video Guide(#13) (view administering a Ig and sm volume cleansing enema)  
Cleansing Enema  
Lippincott Clinical Skills: Collecting Laboratory Specimens  
Unit #13: Respiratory Procedures  
Kozier: Ch 50, pp 1368-1379, 1382-1386  
Taylor: Ch 14, pp. 752-776;  
Ch 18, pp. 964-967  
Audio - Visual  
Taylor's Video Guide: Perioperative Nursing (view all except pre-op and post-op nursing care day of surgery)(#6) |            |
| 3/15/10 | Mon | 7:00-3:10 PM | Lab 1 2157 | Quiz #4: Units 15, 12 & 13  
Check off’s Unit 15 Respiratory Assessment |            |
Schedule subject to minor changes. There is an online component for this class. It is the student’s responsibility to keep his or her email address current. The student is to have assignments (reading, videos or other) completed before class.