Module B: Overview of the Nursing Process - Introduction to Assessment, Diagnosis, Planning, Implementation & Evaluation

1. Statement of Purpose

This module presents an overview of a systematic approach to writing a nursing care plan. In order for nurses to adequately assess, diagnose, plan, implement, and evaluate care given to an individual or a group of patients, certain decisions must be made. The purpose of this module is to introduce and summarize the total process required to design quality patient care plans. Concept Mapping will be introduced.

2. Terminology

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Data Clustering</th>
<th>Long &amp; short term goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Planning</td>
<td>Nursing diagnosis</td>
<td>Norms</td>
</tr>
<tr>
<td>Analysis</td>
<td>Data collection</td>
<td>Nursing intervention</td>
</tr>
<tr>
<td>Implementation</td>
<td>Nursing history</td>
<td>Client Need</td>
</tr>
<tr>
<td>Evaluation</td>
<td>Expected outcome</td>
<td>Concept Map</td>
</tr>
</tbody>
</table>

3. Classroom Content

3.1 Classroom Objectives

a. Describe the five components of the nursing process.
b. Describe a variety of assessment methods.
c. Differentiate subjective and objective data.
d. Relate nursing history to planning patient care.
e. Analyze collected data to arrive at a nursing diagnosis.
f. Develop a care plan based on assessment and nursing diagnosis of a simulated patient care situation.
g. Set priorities of care based on assessed data and nursing diagnosis.
h. Discuss long and short term goals for acute care patients; long term care patients.
i. Explain significance of evaluation procedures.
j. Discuss sample care plan developed in class

3.2 Learning Activities

a. Know terminology.
b. Read assigned chapters in Kozier, Fundamentals of Nursing
c. Read assigned chapters in Doenges, et al., Applying Nursing Process and Nursing Diagnosis.
d. Using IVC format, do a care plan on a simulated patient care situation.
e. Read additional readings as assigned.

f. View videotapes as assigned & complete computer software as
assigned.

3.3 References
a. Kozier, Fundamentals of Nursing
b. Doenges, et al., Applying Nursing Process and Nursing Diagnosis.
c. Additional reading as assigned.
d. Videotapes as assigned/computer software as assigned.
e. Doenges, et al, Nursing Care Plans & Documentation.

4. Clinical Objectives

none

5. Skills Laboratory Requirements

5.1 Required Skills: Skin Integrity
a. Bathing a Client
b. Oral Hygiene
   (1) conscious patient
   (2) unconscious patient
   (3) patient with dentures
c. Hair care
   (1) combing
   (2) shampooing
d. Perineal/Genital Care
e. Eye Care
f. Ear Care
g. Foot Care
h. Back Care
i. Making a bed
   (1) unoccupied/surgical
   (2) occupied
j. Providing bedpan/urinal

5.2 Self Review Skills
a. Medical Asepsis
b. Handwashing
5.3 **Skills Terminology**

<table>
<thead>
<tr>
<th>Distal</th>
<th>Back rub</th>
<th>Lacrimal duct</th>
<th>Proximal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lacrimal fluid</td>
<td>Dermis</td>
<td>Supine</td>
<td>Meatus</td>
</tr>
<tr>
<td>Epidermis</td>
<td>Necrosis</td>
<td>Anus</td>
<td>Hypodermis</td>
</tr>
<tr>
<td>Blanching</td>
<td>Foreskin</td>
<td>Mucous membrane</td>
<td>Cachexia</td>
</tr>
<tr>
<td>Hygiene</td>
<td>Keratosis</td>
<td>Buttocks</td>
<td>Integumentary system</td>
</tr>
<tr>
<td>Fissure</td>
<td>Glans</td>
<td>Perspiration</td>
<td>Ischemia</td>
</tr>
<tr>
<td>Tepid</td>
<td>Canthus</td>
<td>Perineum</td>
<td>Labia</td>
</tr>
<tr>
<td>Smegma</td>
<td>Prone</td>
<td>Excoriated</td>
<td></td>
</tr>
</tbody>
</table>

5.4 **Skills Laboratory Objectives**

See Lynn, *Taylor's Clinical Nursing Skills*

5.5 **References**

a. Lynn, *Taylor's Clinical Nursing Skills*
b. Kozier, *Fundamentals of Nursing*
c. Videotapes and computer software as assigned.