Reference Book: Tennis Fundamentals Carol Matsuzaki 2004

Course Description: This course is designed to present advanced techniques in tennis skills and singles and doubles strategy. Competitive experience and competition mental skills.

Objectives:
1. Improve tennis skills. Advanced techniques given for: Forehand, Backhand, Service, Service Return, Volley, Lob, and Overhead Smash.
2. Understand the rules and basic strategies of singles and doubles play.
3. Competitive experience

Evaluation:
Students will be evaluated on class attendance and participation---Including preseason and conference tennis tournaments. Each student will be required to maintain a 10 hour workout schedule during the conference season. Absences will affect your participation grade. Missed hours must be made up by the end of the semester.

Grading: 

- 90% of hours          A
- 80% of hours          B
- 70% of hours          C
- 60% of hours          D

Dress Code:
Students must wear shorts or sweatpants to participate. Absolutely No Jeans or Long Baggy Shorts! Non-marring tennis shoes are required. Street clothing and jewelry are not appropriate. If you are not dressed properly you will be marked absent for the day.

Locker Use: Lockers are self-chosen. Bring your own lock and chose a locker. Use the small lockers in the locker rooms for regular storage. Large lockers can be used during the class time hour.

NO FOOD OR SOFT DRINKS WILL BE ALLOWED ON THE TENNIS COURTS. You are encouraged to bring a water bottle to class.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSPS) as soon as possible:
DSPS, Room 2117, Health Sciences Building, (760) 355-6312