COURSE SYLLABUS: PE 203
THEORY OF VOLLEYBALL

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CONTACT HOURS: Five hours of instruction per week (2 hr lecture and 3 hrs lab).

COURSE DESCRIPTION: Students will review the fundamental skills and theory for volleyball and learn intermediate skills and theory.

LIST OF REQUIRED TEXTS: None

Learning Outcomes: Knowledge and skills to be acquired. The student will:

• Develop an understanding of offensive and defensive strategies
• Develop an understanding of official rules and etiquette
• Develop an understanding of applicable safety procedures
• Demonstrate intermediate skills
• Demonstrate intermediate offensive and defensive strategies

COURSE OVERVIEW: The following content will be addressed:

• Safety Procedures
• Skills: Set, Pass, Spike, Block, Serve, Offensive, and Defensive Positioning
• The Game: Six person, Triples, and Doubles
• Intermediate Offensive and Defensive Strategies
• Official rules
• Rules of Etiquette
• Physical Conditioning

GRADING: The following will be used to calculate your grade:

Evaluation Procedures:
Final Project- 2 week pre-season practice schedule 60 points
Skill development profile 40 points
Participation 100 points

Grading Scale:

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<thead>
<tr>
<th>Average</th>
<th>Points</th>
<th>Grade</th>
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<tbody>
<tr>
<td>90-100</td>
<td>180-200</td>
<td>A</td>
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<td>80-89</td>
<td>160-179</td>
<td>B</td>
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<td>70-79</td>
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<td>60-69</td>
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<td>D</td>
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<td>&gt;59</td>
<td>&gt;119</td>
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Attendance Policy:
Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed two unexcused absences. A 3rd unexcused absence will result in a one-letter drop in final grade and a 4th unexcused absence will result in a two-letter drop in final grade. Should a student miss a 5th class, she/he will not receive credit for having taken the course.

If a student needs to miss a class for reasons that are excusable (examples of excused absences include illnesses confirmed by a doctor, family emergency, college-sponsored event, or job interviews) that student is responsible for making up the class at a time and place that is agreed upon by both student and instructor. All excused absences need to be communicated to the instructor prior to the date that the student will be absent. It is the responsibility of the student to inform the instructor prior to the date of the class that she/he will not be present and to initiate a make up day. Should the class not be made up within a two week time period, the absence will be deemed as unexcused and will count against the number of unexcused absences a student is allowed.

Dress and Equipment:
Students are required to dress appropriately for all class sessions. Appropriate clothes include shorts, T-shirts, tennis shoes (a.k.a. gym shoes/sneakers), or reasonable extensions of the above clothes (i.e. wind pants, sweat shirts, etc.).

REVISION DATE: 06/08