Clinical Guide
Intensive Care Unit

Focus: Nursing and Medical management in an intensive care setting. The charge nurse will direct your learning experiences.

Behavioral Objective:
Under the supervision develop skills in the assessment and management of patient in the critical care setting.

Learning Activities Guide:

1. Provide patient care as assigned to you by the charge nurse.
2. Identify methods of meeting the emotional needs of patient and family.
3. Identify procedures and protocols, and special equipment used in the intensive care of the patient.
4. Assist in the prevention and control of infection in the critically ill patient and for the protection of self and others.
5. Assist in repositioning patients to maintain skin integrity.
6. Identify measures in conversation of patient energy.
7. Eliminate, when possible, factors within the environment that reduce the patient’s ability to rest.
8. Practice assessment skills. Assist the nursing staff in meeting needs to alleviate any threat to patient integrity.
9. Notify the nurse in charge immediately of any deteriorating change in a patient’s condition.
10. Report of all breaks to the charge nurse and before time for shift report.
11. Medications will be administered by ICU nursing staff. Identify medications and IVs being given, the rationale, possible complications or side effects, and dosage.

Written documentation of ICU nursing care is due at the end of the clinical rotation.